

## **ARORP 3rd Quarterly Report**

### **July 1<sup>st</sup>, 2023 – September 30<sup>th</sup>, 2023**

#### **Participants Activity in Project Location**

- 49 Men Served
- 23 Current Participants

#### **Graduated Residents**

- 5

#### **Reason for Discharge**

- Admin (2)
- Graduated (5)
- Relapsed (3)
- Withdraw (13)
- Arrested (2)
- Relocated to Mental Health Facility (1)

#### **Employment**

- Currently Employed (21)

#### **Veteran Status**

- Veteran (4)

#### **Family Reunification**

- All 23 residents are in regular communication with their spouses/children and working towards the goal of reunification.

#### **Sobriety**

- One man has over a year of sustained recovery and working on their 18-month birthdays.
- 19 have a range of 31 days - 11 months of recovery.
- 4 have less than 30 days recovery.
- 6 have maintained sobriety since leaving NSRH that we have been able to maintain contact with.

#### **Driver's License & Vehicle Ownership**

- 8 have obtained their driver's license since entering NSRH.
- 3 had a driver's license upon entering program.
- 4 have their own vehicles.
- 6 have their own homes upon exiting the program.

## Drug Tests

- 146 drug tests (16-panel) have been provided since 04/01/2023.
  - Positive for THC (4)
    - ❖ Intakes (3)
    - ❖ Randoms (1)
  - Positive for Alcohol (1)
    - ❖ Intakes (1)

## Insurance

- 49 participants began SNAP/State provided insurance.
- 8 participants moved from state insurance to employer provided insurance.

## Demographics

- 18 to 24 (2)
- 25 to 29 (5)
- 30 to 34 (9)
- 35 to 39 (17) ***We have found that this age range has more success at recovery than any others in our facility.***
- 40 to 44 (10)
- 45 to 60+ (6)

## Race

White (33)  
American Indian or Alaska Native (1)  
Asian (1)  
Black or African American (7)  
Hispanic (4)  
Unknown (3)

## Ethnicity

(23) White Non-Hispanic  
(4) Hispanic  
(22) Other/Undisclosed

## Substances of choice of clients with active occupancies

All residents have a clear history of using opioids at some point during active addiction. However, in most cases it wasn't the preferred first choice. (Some men have multiple SOC)

- Alcohol (5)
- Fentanyl (2)
- Methamphetamine (32)
- Prescription Opioids (9)
- Marijuana (9)
- Heroin (3)
- Benzodiazepines (8)

## County Origination

- Saline (2)
- Sevier (1)
- Benton (1)
- Cleburne (1)
- Cross (1)
- Johnson (13)
- Sebastian (3)
- Pulaski (5)
- Pope (5)
- Lonoke (6)
- Logan (1)
- Garland (4)
- White (1)
- Yell (2)
- Marion (1)
- Washington (1)
- Out Of State (1)
  - Missouri (1)

## Services Provided

Next Step has expanded our drug and alcohol program into three phases. A unique combination of both clinical and non-clinical services, creating an atmosphere of a holistic approach to long term recovery. This three-tiered phase system is 10 months in length. However, residents are permitted to stay until they are ready to take their “Next Step”.

We have partnered with Safe Haven Treatment to provide our clinical services.

**Phase I** - consists of 12 weeks of Intensive Outpatient Treatment (IOP). Upon completion, residents are eligible for weekend passes on the first and third weekend of each month.

**Phase II** - consists of 12 weeks of Outpatient (OP) drug and alcohol treatment with a reduced requirement of class time.

**Phase III** - is 4 months of aftercare, where participants maintain their progress.

Upon completing our ten-month program, we host a graduation where residents have family and friends celebrate their achievements with our staff and recovery community. They are also given the opportunity to continue living at Next Step as alumni; this is the truest form of peer recovery leadership.

## Drug and Alcohol Classes for the last 90 days

- Completions (10)
- Currently Enrolled (24) *This includes men that have withdrawn from program and are still live in area.*

## Clinical Classes taken during Phase one and two:

- 24 Individual Sessions
- Living in Balance (Evidence based treatment curriculum for SUD)

- Parenting
- Thinking, thoughts, and behavior cycles
- Communication Skills
- Budgeting
- Anger Management
- Domestic Violence
- Foundations of Freedom

**Weekly Peer Services Provided by Next Step peers.**

- Peer-led groups
- Case Management
- Mentorship
- Life Recovery Group
- Recovery & Wellness Coaching
- Transportation to IOP
- Advocacy

**Weekly NA Meeting & Specialty Court Mileage**

- Monday- Easy Does it Group 7 pm. Round trip 12 miles Clarksville.
- Tuesday- Drug Court 8 am round trip 54 miles Russellville – ***Currently NO Drug Court Participants in Russellville***
  - Life Recovery 10 am round trip 12 miles Clarksville
  - New Start 7 pm round trip 64 miles Dardanelle
- Wednesday- Unscheduled events as necessary
- Thursday- Drug Court 8 am. 54 miles round trip Russellville
  - Life Recovery 10 am. 12-mile round trip Clarksville
  - Friends for Freedom 6 pm Russellville 54 miles round trip
  - New start 8 pm round trip 70 miles
- Friday- Easy does it group 7 pm Clarksville 12 miles round trip.
- Saturday- Unscheduled events as necessary
- Sunday- Church 18 miles round trip Clarksville
  - Walmart run Clarksville 26 miles round trip
  - Friends for freedom 6 pm. Russellville 54 Miles round trip

*Does not include exact routine employer routes as that changes based upon employment status of participants' where the locations they work. Below is the mileage to each company we are partnered with.*

- Tyson Chicken 36 miles round trip
- Bullock Construction 24 miles round trip
- Coast to Coast 28 miles round trip
- Butterball 57 miles round trip
- K2 Marine 22 miles round trip
- Greenville Tubing 10 miles round trip
- University of Ozarks 10 miles round trip

Next Step has had several opportunities to be presenting speaker on the topic of Recovery Housing in Arkansas and across the country including, 2023 Arkansas State Peer Conference, in Washington, DC at the 2023 SAMHSA conference. We are on the heels of our 2<sup>nd</sup> Annual Faith Recovery Conference which we are hosting musical guest and recovery advocate, Rare of Breed, on September 30<sup>th</sup>, 2023, and have multiple sponsors from ARORP partners, we have sold over 800 concert tickets, and 400 event tickets.

We are proud to announce that we were the recipient of a \$40,000 donated mini container home from Containing Luxury out of Florida that will increase our bed space for 2 more men. Next Step also received a donated passenger van from a Bentonville church and with the help ARORP partnership John 3:16 will be making all restorations and repairs.

Lastly, the men of Next Step have had several guests visit and tour our housing facility which include Special Agent in charge of the DEA members from both the House and Senate.

Thank you for allowing us to serve Arkansas.

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Executive Director

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