

ARORP 2nd Quarterly Report April 1st, 2023 – June 30th, 2023

Participants Activity in Project Location

- 50 Men Served
- 26 Current Participants

Graduated Residents

- 4

Reason for Discharge

- Admin (3)
 - One resident needed clinical services. We contacted our Faith based treatment providers; we explained that the individual needed a higher level of care that Next Step was unable to provide. SOZO treatment center took the resident with no hesitation. Safe Haven Women's treatment center allowed their Peer Support Specialist, who assisted in the placement of the individual, to transport the resident to SOZO treatment center. The resident was making both homicidal and suicidal statements while neglecting hygiene and not bathing. All of which are warning signs of immediate needs. Our three agencies worked together to get the services needed. The resident has since contacted our team and reports being in a happier and healthier mental state.
 - Two residents were required to leave due to theft.
- Graduated (4)
 - Two graduates have their own residence.
 - Two graduates have decided to stay at Next Step and give mentorship to the newer men.
- Relapsed (8)
 - Delta 8 vapes/brought them into the home endangering the other men (3)
 - 1 Opiates (1)
 - Alcohol (1)
 - Meth (3)
- Withdraw (9)

Employment

- Currently Employed (25)
- Terminated from employment (1)

Family Reunification

- All 26 residents are in regular communication with their spouses/children and working towards the goal of reunification.

Sobriety

- Four men have over a year of sustained recovery and working on their 18-month birthdays. •

The remaining 22 have a range of 3-9 months of recovery.

- 2 have maintained sobriety since leaving NSRH.

Driver's License & Vehicle Ownership

- 8 have obtained their driver's license since entering NSRH.
- 5 had a driver's license upon entering program.
- 4 have their own vehicles.
- 2 have their own homes upon exiting the program.

Drug Tests

- 214 drug tests (16-panel) have been provided since 04/01/2023.
 - Positive for THC (8)
 - ❖ Intakes (5)
 - ❖ Randoms (3)
 - Positive for Morphine (2)
 - ❖ Both instances the individuals went to the ER and complained of pain.
 - Positive for Methamphetamine (8)
 - ❖ Intakes (2)
 - ❖ Random (5)
 - 0 drug test was positive for Gabapentin.
 - 0 drug test was positive for Fentanyl.
 - 0 tests were positive for Alcohol.
 - 44 breathalyzers have been performed.
 - 44 negative breathalyzers.

Insurance

- 49 participants began SNAP/State provided insurance.
- 22 participants moved from state insurance to employer provided insurance.

Demographics

- 18 to 24 (4)
- 25 to 29 (11)
- 30 to 34 (12)
- 35 to 39 (6)
- 40 to 44 (10)
- 45 to 60+ (7)

Race

- White (34)
- American Indian or Alaska Native (1)
- Asian (1)
- Black or African American (6)
- Hispanic (3)
- Unknown (5)

Ethnicity

(5) White Non-Hispanic

(3) Hispanic

Substances of choice of clients with active occupancies

All residents have a clear history of using opioids at some point during active addiction. However, in most cases it wasn't the preferred first choice.

- K2 (1)
- Alcohol (3)
- Fentanyl (8)
- Methamphetamine (12)
- Prescription Opioids (2)

County Origination

- Baxter (1)
- Benton (1)
- Cleburne (1)
- Conway (1)
- Johnson (11)
- Sebastian (4)
- Pulaski (4)
- Pope (4)
- Lonoke (6)
- Garland (4)
- White (3)
- Yell (3)
- Marion (1)
- Faulkner (1)
- Washington (1)
- Out Of State (3)
 - Florida (2)
 - Massachusetts (1)

Services Provided

Next Step has expanded our drug and alcohol program into three phases. A unique combination of both clinical and non clinical services, creating an atmosphere of a holistic approach to long term recovery. This three-tiered phase system is 10 months in length. However, residents are permitted to stay until they are ready to take their "Next Step".

We have partnered with Safe Haven Treatment to provide our clinical services.

Phase I - consist of 12 weeks of Intensive Outpatient Treatment (IOP). Upon completion, residents are eligible for weekend passes on the first and third weekend of each month.

Phase II - consists of 12 weeks of Outpatient (OP) drug and alcohol treatment with a reduced requirement of class time.

Phase III - is 4 months of aftercare, where participants maintain their progress.

Upon completing our ten-month program, we host a graduation where residents have family and friends celebrate their achievements with our staff and recovery community. They are also given the opportunity to continue living at Next Step as alumni; this is the truest form of peer recovery leadership.

Drug and Alcohol Classes for the last 90 days

- Completions (5)
- Currently Enrolled (21)

Clinical Classes taken during Phase one and two:

- 24 Individual Sessions
- Living in Balance (Evidence based treatment curriculum for SUD)
- Parenting
- Thinking, thoughts, and behavior cycles
- Communication Skills
- Budgeting
- Anger Management
- Domestic Violence
- Foundations of Freedom

Weekly Peer Services Provided by Next Step peers.

- Peer-led groups
- Case Management
- Mentorship
- Life Recovery Group
- Recovery & Wellness Coaching
- Transportation to IOP
- Advocacy

Weekly NA Meeting & Specialty Court Mileage

- Monday- Easy Does it Group 7 pm. Round trip 12 miles Clarksville.
- Tuesday- Drug Court 8 am round trip 54 miles Russellville
 - Life Recovery 10 am round trip 12 miles Clarksville
 - New Start 7 pm round trip 64 miles Dardanelle
- Wednesday- Unscheduled events as necessary
- Thursday- Drug Court 8 am. 54 miles round trip Russellville
 - Life Recovery 10 am. 12-mile round trip Clarksville
 - Friends for Freedom 6 pm Russellville 54 miles round trip
 - New start 8 pm round trip 70 miles
- Friday- Easy does it group 7 pm Clarksville 12 miles round trip.
- Saturday- Unscheduled events as necessary
- Sunday- Church 18 miles round trip Clarksville
 - Walmart run Clarksville 26 miles round trip

- Friends for freedom 6 pm. Russellville 54 Miles round trip

Does not include exact routine employer routes as that changes based upon employment status of participants' where the locations they work. Below is the mileage to each company we are partnered with.

- Tyson Chicken 36 miles round trip
- Haynes 24 miles round trip
- Coast to Coast 28 miles round trip
- Butterball 57 miles round trip
- K2 Marine 22 miles round trip
- Greenville Tubing 10 miles round trip
- University of Ozarks 10 miles round trip
- McDonalds 7 miles round trip
- Arby's 10 miles round trip

Next Step continues to partner with local employers in Clarksville who wish to be second chance employers to our participants. Including Tysons, Butterball, K2 Marina, Coast to Coast, Greenville Tubing, Hanes, and two local tire shops.

Next Step has created two resident positions for men who wish to stay long term and work in recovery. Bringing our staff to a total of 6 positions.

- Director
- Assistant Director
- Recovery Support
- Recovery Support
- Van Driver
- Maintenance position

We are now partnered with the AOC and are on the list as a provider for the Courts.

Thank you for allowing us to serve Arkansas.

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