

ARORP 1st Quarterly Report
January 1st, 2023 – March 31st, 2023
Next Step Recovery Housing

Participants Activity in Expansion Project Location

26 Men Served

20 Current Participants

Reason for Discharge

Admin (1)

Graduated (1)

Relapsed (2)

Withdraw (2)

Employment

16 are employed since arriving at Next Step

Family Reunification

25 participants are in regular communication with their spouses/children and working towards the goal of reunification.

Sobriety

20 are maintaining sobriety and working towards their 1-year sobriety birthday.

3 have maintained sobriety since leaving NSRH

Driver's License & Vehicle Ownership

1 have obtained their driver's license since entering NSRH.

5 had driver's license upon entering program.

1 have their own vehicles.

0 have their own homes upon exiting program.

Drug Tests

102 drug tests (16-panel) have been provided since 01/01/2023.

17 drug tests were positive for THC.

0 drug tests were positive for Morphine.

6 drug tests were positive for Methamphetamine.

2 drug test was positive for Gabapentin.

1 drug test was positive for Fentanyl.

3 tests were positive for Alcohol.

28 breathalyzers have been performed.

28 negative breathalyzers.

Insurance

26 participants began SNAP/State provided insurance.

4 participants moved from state insurance to employer provided insurance.

Demographics – Average Age 35

- 18 to 24 (5)
- 25 to 29 (5)
- 30 to 34 (7)
- 35 to 39 (3)
- 40 to 44 (4)
- 45 to 60+ (2)

Race

- White (22)
- Unknown (4)

Ethnicity

- 26 White Non-Hispanic

Substances of choice of clients with active occupancies.

- 5 Alcohol
- 2 Benzodiazepines
- 1 Cocaine
- 1 Fentanyl
- 6 Marijuana
- 16 Methamphetamine
- 5 Prescription Opioids

County Origination

- 6 Johnson Co
- 2 Sebastian Co
- 2 Pulaski Co
- 5 Pope Co
- 1 Washington Co
- 4 Lonoke Co
- 2 Baxter Co
- 1 Logan Co
- 2 Greene Co
- 1 Non-Arkansas resident / California

Drug and Alcohol Classes- Mandatory completion in first 90 days of admission

- 7 Completions
- 1 Withdraw – Discharged from NSRH
- 4 Currently Enrolled
- 14 Scheduled to begin within 14 days

20 Actively Seeking Additional Peer Services

Peer Services Provided by IOP (Safe Haven)

Living in Balance (Evidence based treatment curriculum for SUD)
Parenting
Thinking, thoughts, and behavior cycles
Communication Skills
Budgeting
Anger Management
Domestic Violence
Foundations of Freedom

Weekly Peer One-on-One Services Provided

Case Management
Mentorship
Life Recovery Group
Recovery & Wellness Coaching
Transportation to IOP
Advocacy

Weekly NA Meeting & Specialty Court Mileage

Monday- Easy Does it Group 7 pm. Round trip 12 miles Clarksville

Tuesday- Drug Court 8 am round trip 54 miles Russellville
Life Recovery 10 am round trip 12 miles Clarksville
New Start 7 pm round trip 64 miles Dardanelle

Wednesday- Unscheduled events as necessary

Thursday- Drug Court 8 am. 54 miles round trip Russellville
Life Recovery 10 am. 12 mile round trip Clarksville
Friends for Freedom 6 pm Russellville 54 miles round trip
New start 8 pm round trip 70 miles

Friday- Easy does it group 7 pm Clarksville 12 miles round trip

Saturday- Unscheduled events as necessary

Sunday- Church 18 miles round trip Clarksville
Walmart run Clarksville 26 miles round trip
Friends for freedom 6 pm. Russellville 54 Miles round trip

Does not include exact routine employer routes as that changes based upon employment status of participants' where the locations they work. Below is the mileage to each company we are partnered with.

Tyson Chicken 36 miles round trip

Haynes 24 miles round trip

Coast to Coast 28 miles round trip

Butterball 57 miles round trip

K2 Marine 22 miles round trip

Greenville Tubing 10 miles round trip

Next Step has partnered with employers in Clarksville who wish to be second chance employers to our participants. Including Tysons, Butterball, K2 Marina, Coast to Coast, Greenville Tubing, Hanes, and two local tire shops.

We have added 2 new team members that live on-site at each facility location in Clarksville. Our two Recovery Techs are in long-term recovery and are also active within the recovery community, so they are perfect leaders to inspire and hold participants accountable in their recovery journey. Their roles include over-seeing the houses day-to-day functions, enforce curfew, perform participant one-on-one meetings as well as, group facilitations, transportation, court advocacy and other duties as necessary.

We have partnered with Specialty Courts in Pope and Washington counties enabling NSRH to be a leading facility for Drug Court placements from those areas and we are currently working to secure our partnership with Franklin County.

We are now an ACC Community Service Worksite as of March 2023.

We are actively working to establish a local Al-Anon meeting in our community, we have space to host if possible. Anticipate having that started by next reporting period.

We have discussed hosting Narcan training onsite for community as well, anticipate having more information on that by next reporting period.

On February 2nd – 6th, 2023, Next Step visited McShin Recovery Resource Foundation in Richmond, Virginia. The NSRH team shadowed the CEO, Funds Curator, Chief Operating Officer, Chief Financial Officer, and Community Engagement Coordinator. A multi-pathway approach is employed by McShin to ensure the safety and success of their recovery program. NSRH learned more about their MAT program and explored how it could benefit the organization in the future. Additionally, we gained an understanding of various approaches to working with the public interest. As part of the discussion, potential future funding sources were introduced, and we discussed ways to expand NSRH's current curriculum with more innovative programs. The visit provided us with confidence that we are going in the right direction. As a young and eager foundation, we are blessed with wonderful support that will allow us to continue to grow and develop. In the wake of the visit, we implemented software called One Step. This software enables NSRH to digitally maintain and track all participants' data. This allows us to establish baselines, benchmarks, and performance goals. This in turn will enable NSRH to grow across the state and be instrumental in funding procurement. All NSRH team members have been trained and use this software daily.

Thank you for allowing us to serve Arkansas.

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